



SHOOTING CHALLENGE TRACKER

• My Goal • 61 Days • Commit • Embrace the Grind

Name: _____ School: _____ Grade: _____

Challenge Dates: May 1 - June 30, 2026

Check the box each day you shoot - Minimum of 30 per day (K & Pre K - 15 per day)
Rewards unlock when you hit milestones!

WEEK	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1						☐ May 1	☐ May 2
2	☐ May 3	☐ May 4	☐ May 5	☐ May 6	☐ May 7	☐ May 8	☐ May 9
3	☐ May 10	☐ May 11	☐ May 12	☐ May 13	☐ May 14	☐ May 15	☐ May 16
4	☐ May 17	☐ May 18	☐ May 19	☐ May 20	☐ May 21	☐ May 22	☐ May 23
5	☐ May 24	☐ May 25	☐ May 26	☐ May 27	☐ May 28	☐ May 29	☐ May 30
6	☐ May 31	☐ Jun 1	☐ Jun 2	☐ Jun 3	☐ Jun 4	☐ Jun 5	☐ Jun 6
7	☐ Jun 7	☐ Jun 8	☐ Jun 9	☐ Jun 10	☐ Jun 11	☐ Jun 12	☐ Jun 13
8	☐ Jun 14	☐ Jun 15	☐ Jun 16	☐ Jun 17	☐ Jun 18	☐ Jun 19	☐ Jun 20
9	☐ Jun 21	☐ Jun 22	☐ Jun 23	☐ Jun 24	☐ Jun 25	☐ Jun 26	☐ Jun 27
10	☐ Jun 28	☐ Jun 29	☐ Jun 30				

Bonus Motivation Challenges

- ☐ Shot in poor weather (rain/snow/wind)
- ☐ Shot before 8:00 AM or after 10:00 PM
- ☐ Shot on a busy day - Squeezed in
- ☐ Shot on vacation, holiday or trip
- ☐ Helped teammate/sibling shoot
- ☐ Tried a completely new drill
- ☐ Held a shooting party
- ☐ Completed 7 straight days
- ☐ Shot without being reminded - 5 days
- ☐ Shot with family member (Not Immediate)
- ☐ Logged all shots honestly - Wait until last day

Reward Unlocks

Milestone	Date Completed	Parent Initials
33% of Goal		
50% of Goal		
66% of Goal		

Final Total Shots Logged (9-12): _____ /6,000
 Final Total Shots Logged (7-8): _____ /5,000
 Final Total Shots Logged (4-6): _____ /3,500
 Final Total Shots Logged (1-3): _____ /2,500
 Final Total Shots Logged (K): _____ /1,000



SHOOTING CHALLENGE TRACKER

• 6,000 Shots • 77 Days • One Goal

Name: _____ Grade: _____

Challenge Dates: April 15 - June 30, 2025

Check the box each day you shoot. Add your weekly total.

Rewards unlock when you hit milestones!

WEEK	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	☐ Apr 13	☐ Apr 14	☐ Apr 15	☐ Apr 16	☐ Apr 17	☐ Apr 18	☐ Apr 19
2	☐ Apr 20	☐ Apr 21	☐ Apr 22	☐ Apr 23	☐ Apr 24	☐ Apr 25	☐ Apr 26
3	☐ Apr 27	☐ Apr 28	☐ Apr 29	☐ Apr 30	☐ May 1	☐ May 2	☐ May 3
4	☐ May 4	☐ May 5	☐ May 6	☐ May 7	☐ May 8	☐ May 9	☐ May 10
5	☐ May 11	☐ May 12	☐ May 13	☐ May 14	☐ May 15	☐ May 16	☐ May 17
6	☐ May 18	☐ May 19	☐ May 20	☐ May 21	☐ May 22	☐ May 23	☐ May 24
7	☐ May 25	☐ May 26	☐ May 27	☐ May 28	☐ May 29	☐ May 30	☐ May 31
8	☐ Jun 1	☐ Jun 2	☐ Jun 3	☐ Jun 4	☐ Jun 5	☐ Jun 6	☐ Jun 7
9	☐ Jun 8	☐ Jun 9	☐ Jun 10	☐ Jun 11	☐ Jun 12	☐ Jun 13	☐ Jun 14
10	☐ Jun 15	☐ Jun 16	☐ Jun 17	☐ Jun 18	☐ Jun 19	☐ Jun 20	☐ Jun 21
11	☐ Jun 22	☐ Jun 23	☐ Jun 24	☐ Jun 25	☐ Jun 26	☐ Jun 27	☐ Jun 28
12	☐ Jun 29	☐ Jun 30					

Bonus Motivation Challenges

- ☐ Shot in poor weather (rain/snow/wind)
- ☐ Shot before 8:00 AM or after 3:00 PM
- ☐ Shot on a busy or fired day
- ☐ Shot on vacation or trip
- ☐ Helped a teammate or sibling shoot
- ☐ Tried a completely new drill
- ☐ Hit a personal daily new drill
- ☐ Completed 7 straight days
- ☐ Shot without being reminded
- ☐ Logged all shots honestly

Reward Unlocks

Milestone	Date Completed	Coach initials
1:000 Shots		
3:000 Shots		
6:000 Shots		

Final Total Shots Logged: ____ /6.000

Remember:

*Effort is earned, not imagined
Every shot matters, Finish strong.*